

## Knox County Community Foundation

### SIS Women's TRYathlon

#### Policy for Special Needs Athletes

All female athletes age 16 or older are encouraged to be a part of the SIS Women's TRYathlon either as an individual or a team member. The time for the event is 3 hours from the time the last athlete enters the swim portion (1<sup>st</sup> leg) of the competition. All individual athletes and teams must be able to complete the course within the 3-hour timeframe. Athletes who register as individuals must be able to complete all 3 legs of the race. If an athlete is incapable of competing in any one of the legs, she may not compete as an individual, but may compete as a team member and complete those legs of the race she is able to.

Athletes with documented special challenges who want to compete in the SIS Women's TRYathlon must provide the Knox County Community Foundation Office with a physician's statement (on physician's letterhead) releasing the athlete to participate in the event either as an individual or a team member. If there is any need for special equipment or adaptation (provided by the athlete), a request must be submitted 45 days in advance of the event to the TRYathlon Planning Committee for approval. The Committee reserves the right to deny special equipment or adaptation and/or participation in the event if such equipment would impede progress of or would endanger other competitors.

Questions regarding this policy may be addressed to the Knox County Community Foundation Director Kathy Rinsch at 812.886.0093 or [kathy@knoxcountyfoundation.org](mailto:kathy@knoxcountyfoundation.org).

Knox County Community Foundation, P.O. Box 273, Vincennes, Indiana 47591